



## GREENFIELD RECREATION DEPARTMENT

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### Getting Outside in our Parks

Effective immediately, by order of Mayor Roxann Wedegartner and Greenfield Board of Health.

All outdoor equipment playgrounds, tennis courts, basketball courts, pickle ball court, pavilions, etc. and the Paws Park are closed due to the COVID-19 emergency; however our trails and open spaces remain open.

We would like to assure you that our parks, trails and open spaces remain open to allow people to go outside and get some fresh air for as long as possible. Parks provide many benefits that are essential to the wellbeing of our communities. Exercise and spending time in nature can improve both our mental and physical health. Spending just 20 minutes a day outdoors can significantly lower stress and regular exercise can boost cardiovascular health and immune system.

The health and safety of our park users is our top priority. We are advising park visitors to continue to follow DPH guidance around social distancing to help reduce the spread of COVID-19. We encourage you to stay informed on the coronavirus by following the [CDC](#) guidelines.

For more information on the City of Greenfield's response, visit the [City of Greenfield](#) or [Greenfield Recreation](#)

People can continue to spend time outdoors while complying with the social distancing recommendations of staying at least 6 feet apart from one another. It is OK to go outside to walk your dog, go for a walk, run, ride a bike, and hike alone or with someone in your household. If you'd like to take your children outside, please take them to trails and open parks, not to playgrounds, to help maintain social distance. People over age 60 or those with chronic health conditions are advised to stay inside due to the heightened risk of the virus.

We appreciate your patience with this matter.

Christy Moore

Greenfield Recreation Director

**We Create Community Through People, Parks, & Programs!**